



RESIDENT BEAUTY BUFF FRANKIE ROZWADOWSKA SHARES HER SECRETS TO HELP YOU MASTER THE HOTTEST TRENDS

How do I get beachy hair?

SUMMER ISN'T JUST ABOUT THE SUN AND THE SEA. FOR ME, IT'S ALL ABOUT THE JUST-STEPPED-OUT-OF-THE-SURF HAIR. Tousled waves, effortless texture and sun-kissed colour, it's total hair heaven. Just look at Erin Wasson (right) rocking her surfer-style locks at the Alexander Wang S/S14 show; amazing. Teamed with a tan and cool kaftan you're good to go. If you want to beach up that barnet, read on to find out how you can give even Blake Lively a run for her money.



ALEXANDER WANG S/S14

WASH FOR WAVES

A splash of the sea in a shampoo, this solid hair wash softens tangled locks and adds volume and texture, thanks to its magical marine ingredients. There's lemon oil for shine, Japanese nori seaweed to soften, and sea salt to add life to limp locks. It's like dunking your head in the sea, but better. **Lush Seanik Shampoo, Dh65, Lush**



A PINCH OF SALT

A salt spray gives you texture without weighing locks down. The Sachajuan spritz is my new best friend – it's light, adds volume and won't leave you looking like a matted mess. Just spray and scrunch. Simple.

Sachajuan Ocean Mist, Dh115, Harvey Nichols

THE TOUSLING TOOL

For tousled waves, this is quite possibly the most amazing invention ever. Using AutoCurl technology, it draws hair into the ceramic curl chamber, holds it for a few seconds and releases it perfectly waved. Run fingers through curls or brush them out to really beach them up. **Babyliss Curl Secret, Dh469, Carrefour**



SUN-KISSED COLOUR

Forget the ombré and the highlights, beach babes go for balayage. A French freehand technique, it's super-natural and low maintenance – lightening hair as if the sun has done it. Book in with the colour connoisseurs at Belle Femme – my go-to gurus for the perfect colour, every time. **Balayage at Belle Femme from Dh350, www.bellefemmeme.com**

THE EXPERT'S PICK

Queen of Colour and hairdresser to Dubai's elite, Maria Dowling says, "A simple way to get the beachy hair look is to put your freshly washed hair in a loose bun or topknot while sitting in the sun. This not only protects the ends from sun damage but also leaves you with lovely, natural beachy waves once it fully dries. Lightly spray the ends with a tousle effect spray, such as the Kérastase Spray À Porter, to retain those unstructured waves." **Dh135, Maria Dowling Salon**



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